

29.03.25

# EMYVALE YOUTH RACE

RACE MANUAL



KINDLY SPONSORED BY:  
EMYVALE CREDIT UNION

EMYVALE  
CYCLING  
—CLUB—

## Event Schedule

### Key Information

<b>Event date</b>	29 <sup>TH</sup> March 2025
<b>Sign-on time</b>	09:00 – 09:45
<b>Start/Finish Location</b>	St. Mary's National School, Glaslough, H18 HC79
<b>Parking</b>	Limited parking at school, further parking available in the village. Please do not park on grass verges in the village. Please note there is additional parking adjacent to the school (H18 HF38)
<b>Toilets</b>	Available in the school

### Timetable

Start Time	Category	Distance (km)	Laps
10:00	U12	9.2	2
10:30	U14	27.6	6
11:15	U16	55.2	12

Note: Start time of U16 race may alter, be ready to come to the line when called.

### Points/Prizes/CI Points

Category	
U16	Top 3 Boys & Top 3 Girls
U14	Top 3 Boys & Top 3 Girls
U12	Top 3 Boys & Top 3 Girls

### Marshals

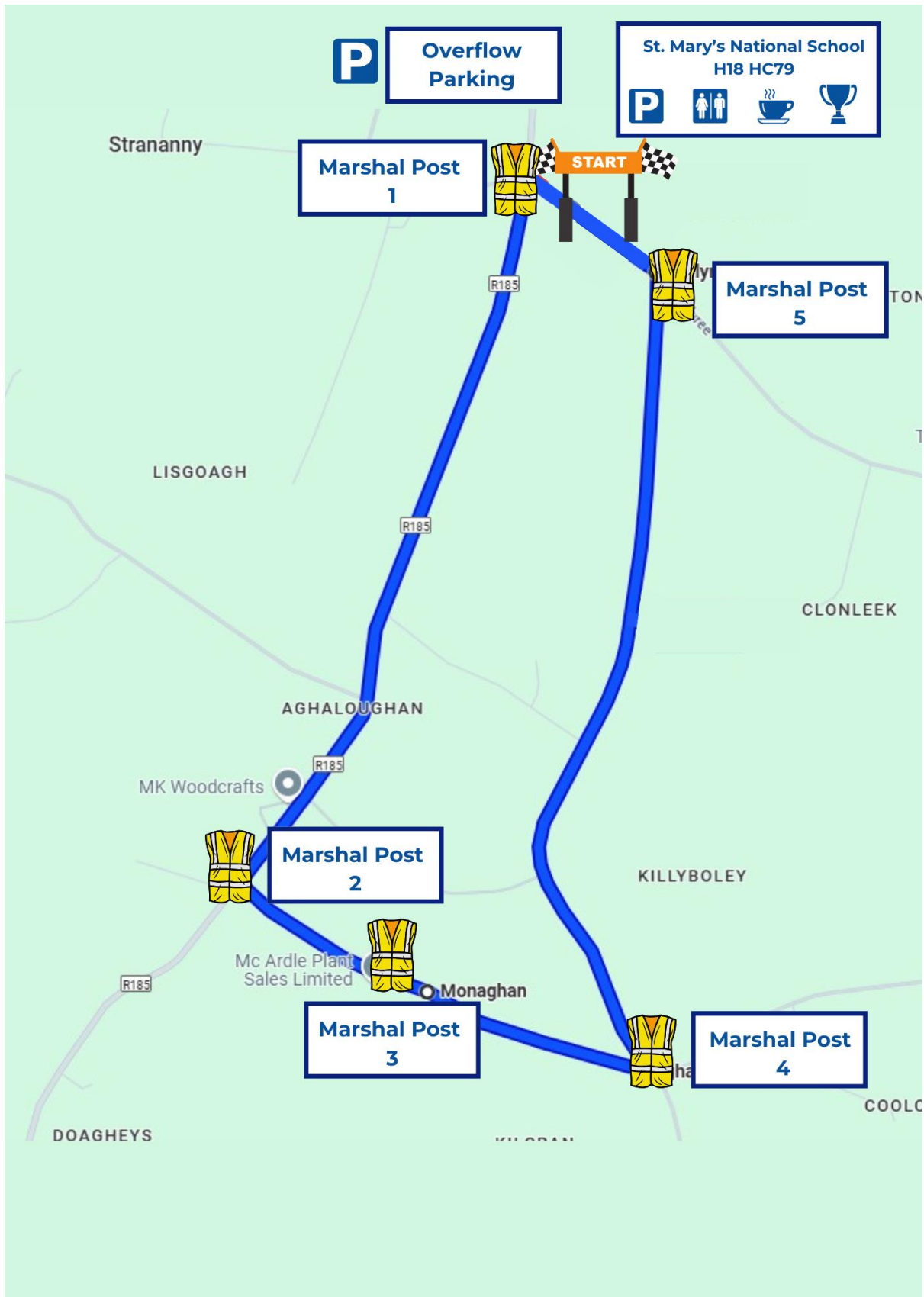
Marshals to meet at St. Mary's National School, Glaslough for 9am. Please be in position by 9.45am and wearing high visibility vest.

<b>Marshal Post 1</b>	Fiona Gilliland / Martin Connolly
<b>Marshal Post 2</b>	John Kelly / Kevin Treanor
<b>Marshal Post 3</b>	Conor Quinn
<b>Marshal Post 4</b>	Jason McArdle / Barbara Murray
<b>Marshal Post 5</b>	John Watters / Paul McMahon

## Additional Parking



# Race Route



**ROADS ARE NOT CLOSED**

**Stay on the correct side and obey marshals**

## Event Contacts

<b>Race Director</b>	Tommy McCague	0044 759427132
<b>Starter – Call riders to start / riders briefing</b>	Tommy McCague	0044 759427132
<b>Sign on</b>	Pauline Kilpatrick/Deirdre Forde	
<b>Lap counter / bell</b>	Lawrence McAree	
<b>Finish line</b>	Tommy McCague	0044 759427132
<b>Club Co-ordinator/Safety Officer</b>	Tommy McCague	0044 759427132
<b>First Aid</b>	Fiona Gilliland	086 8385180
<b>U16 Moto Marshal</b>	Rider Name TBC	
<b>U14 Moto Marshal</b>	Rider Name TBC	
<b>U 12 Moto Marshal</b>	Rider Name TBC	
<b>Head Marshal</b>	Val Mohan	
<b>Child Protection</b>	Val Mohan	
<b>Parking</b>	John Watters	
<b>Camera Finish</b>	Murphy Video	
<b>U12 Ride Behind</b>	Richie McCrudden	
<b>Refreshments</b>	Pauline Kilpatrick/Deirdre Forde	
<b>Gear Check</b>	Barry Cassidy	
<b>Hospital Information</b>		
<b>Local Hospital</b>	Cavan General Hospital	049 4376000
<b>Local Hospital</b>	Craigavon General Hospital	0044 2838334444
<b>Local Hospital</b>	Monaghan General Hospital	047 81811